

Griefbusters are volunteers specially trained by Hospice of Amador & Calaveras to work with school aged children who are grieving the death of a loved one. This program has been in existence since 1984 and is the only one of its kind in our area.

Our Griefbusters work individually with young people but are also available to speak with parents, teachers, and anyone else who is interested in supporting a young person in grief. Although this is a program provided through Hospice of Amador & Calaveras, it is not necessary for the loss to be of someone who was on hospice services. This program is available **FREE OF CHARGE** to every child grieving the death of a loved one in both Amador and Calaveras County.

#### **Free Services Offered:**

- Individual, one-on-one attention
- 30-60 minute sessions with child depending on need (usually 6 sessions or less)
- Sessions held at school during school year, or beyond with special arrangements
- Improved communication between student and school personnel when appropriate
- School or countywide crisis support
- Phone consultation and support offered to parents/guardians/teachers of children in grief
- Age specific resources and support

If you are old enough to Love... then you are old enough to Grieve.

Griefbuster sessions usually take place in a private setting at the child's school so the parent/guardian does not need to worry about driving the child to and from appointments. When school is out on break, other arrangements may be made.

Griefbusters listen and give support; they are not "therapists". All conversations are private and confidential. All Griefbusters have fulfilled security, safety, and health requirements including background checks, clean DMV records, TB testing, and so on.



## How we help

### "My child is young and doesn't seem to understand death."

Children understand more than you may think. They can tell the difference between losing their pet fish and losing their grandmother but may have difficulty communicating their feelings. Children grieve differently than adults – normally in intense spurts – and their grief may return in altered forms on special occasions and at every new level of maturation.

#### "My teen is not comfortable opening up to people, especially a stranger."

Griefbusters first establish trust and friendship with the young person and then move on from there. The goal is not to "fix" the grief but to accompany and support. Working through grief is a journey and we are here to help, move at their speed, and let them know they are not alone. We have a variety of trained Griefbusters available. Part of our job is to match the grieving teen with someone who is comfortable and experienced working with this age group.

#### "What sorts of things happen during a Griefbuster session?"

Griefbusters allow children and adolescents a safe place to remember their loved ones. They may talk about the things they shared; create gifts and memory boxes; write journals; laugh over the good times and cry over the difficult times.

**Community Partners** 





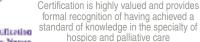
WE HONOR VETERANS

We Honor Veterans is a national program that strives to provide better care for the veterans we proudly serve.

Certification is high

National Board for Certification St of Hospice and Pulliative Naraes



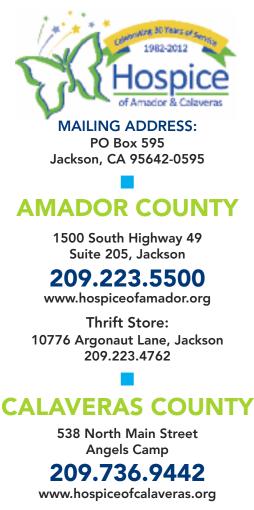


Parent/Guardian's E-mail Address	Parent/Guardian's Signature
Parent /Guardian's Phone Number	Print Parent/Guardian's Name
Name of Child's School	Name and Relationship of Deceased
Child's Date of Birth	Print Child's Name
) talk to a Griefbuster volunteer from Hospice of Amador & Calaveras.	I hereby give consent for the child listed below to talk to a Griefbuster volunteer from Hospice
Calaveras. I also give consent for my son/daughter's school to share pertinent information with Grietbusters, likewise for Griefbusters to share pertinent information with the school representatives. This information would include schedules and/or particular challenges the child may be experiencing. This authorization may be revoked at any time.	Calaveras. I also give consent for my son/daughter's school to share pertinent information with Gr Griefbusters to share pertinent information with the school representatives. This information woul and/or particular challenges the child may be experiencing. This authorization may be revoked at a

I hereby give consent for my son/daughter listed here to talk with a Griefbuster volunteer from Hospice of Amador Calaveras. I also give consent for my son/daughter's school to share pertinent information with Griefbusters. likewis ь

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Consent & Authorization for Release of Information form: (Please Print)

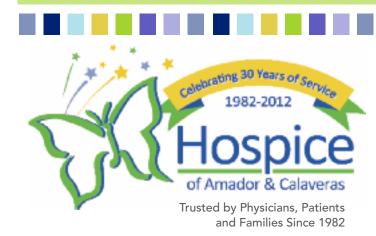


**Thrift Store:** 570 North Main Street, Angels Camp 209.736.4830



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# Griefbusters



Hospice of **Amador and Calaveras** The only non-profit, community-based hospice serving Amador County, **Calaveras County** and Rancho Murieta.

Amador: 209.223.5500 Calaveras: 209.736.9442